

## Human Looking

1) This section covers all aspects of human looking extraterrestrials. This includes inter-dimensional entities, the Blond species, and aliens masquerading as humans. Although human-looking extraterrestrials generally appear to be benevolent towards humanity, there are many that have been influenced, controlled, or possessed by malevolent beings.

2) Any apparent alien who is essentially human and Caucasian in appearance, even though sometimes very tall, may be called a Blond. Though many are tall, blond-haired, and blue-eyed, certainly all are not. Even some of the American Indian connection may be considered Blond in origin. There are many factions of these aliens, from different places, with different motivations.

### 2.1.1.1 Andromedians

1) There is a great force of entities coming from the Andromeda Galaxy. These are inter-stellar entities that go in light. Their craft have the ability to go in hyper-light so that, in only a matter of moments, they can be here from an entirely different star system.

2) These entities are very beautiful. They are lithely built and very thin. This race is so spiritually evolved that they no longer require a physical body. They are almost beings of light energy. They are illuminated in light. They are very tall and stand eight to ten feet in height. In mythology, they were referred to as the Winged Gods.

3) Their biological system is based entirely different than our genetic system. These entities display an embodiment that is magnetized in light. They do not eat. They gain knowledge. They live off of "Prona" which is an ancient term meaning truth.

4) They are beautiful beyond description and mankind shadows fragments of that beauty. They have taken care of humanity because they consider us as their brothers and sisters. They believe that we all came from the same source and that we were all created in light. It is the common bond between us.

5) They have a very great Mother Ship. At night, it is invisible because of the metal that it is made out of. It looks black. But, if it were to light up, it would be the sun illuminated 10,000 times. It is here in our stratosphere. It moves quietly and stealthily. Our government is aware of its presence and it is ominous to them.

6) This ship is called Miria Amour. It means the silver light. The ship has warriors that would defy imagination. It can blast a continent to the bottom of the sea. It could rotate our planet and send it spinning out of orbit. The ship is here because of the disease on this planet. It is here because of the collapse of consciousness of civilization. It is here also because of the changes that are going to occur here. And, it is here because of another force that is engaged on this planet.

7) These beings have inspired profits, in the past, to do wonderful things and preserve the seeds of humanity. Its truth and its words have been misused, misconstrued, and taken by powerful men to enslave people. And, it has been allowed. But, these entities are back now for truth.

### 2.1.1.2 Pleadians

- 1) The Pleiadians come from a small cluster of stars called the Pleiades. Of the seven stars, which make up the Pleiades cluster in the Taurus Constellation, the Pleiadians come from the star known as Taygeta. There are nine planets that revolve around Taygeta. Four of these planets are inhabited.
- 2) The Pleiadian's home world is the planet Erra, which is very similar to Earth, being only ten percent smaller. Nature there is also very similar, especially since samples of plants, minerals, and animals have been taken to the Pleiades and developed there. The surface gravity is slightly less than on Earth. A day on Erra is six tenths of a second less than on Earth.
- 3) The Pleiadians are humans with few physical differences. Their skin is whiter than humans as a result of higher evolution. They are several million years older than humanity. The Pleiadians live a more spiritual life style. This means that they are experiencing and learning more with their spiritual senses than with their material senses. There are no medical problems. They are able to control their health through psychic balance. The life span for a Pleiadian is more than 700 years. The ability to project thoughts to another place on the planet is very common and is the socially accepted method of visiting.
- 4) Only 400 million people live on Erra. Population control has come about in a desire to keep their society spread out and able to share the resources of the planet equally. Pleiadians on Erra live in a utopian world free of pollution, war, hunger, and disease thanks to advanced technology and spiritual awareness.
- 5) Because the population communicates by telepathy, there is no dishonesty. All basic necessities are provided freely, and anything beyond that is acquired through individual barter. There is no money and, hence, no irrational grasping for wealth and power. The Pleiadians have no economics, but do have a system of sharing the resources of their world. Material possessions are all provided, based on their contribution to the community.
- 6) There are no large cities with towering buildings as on Earth. But instead, the small population of Erra is spread out into smaller communities that span the planet, connected by a series of sentient tubeways that not only transport the population but educate and inform them along the way. The people live in more rural settings and keep a distance from each other.
- 7) Nearly all of the manufacturing and production of products for living is done on other planets in their solar system so as to not upset the ecology on Erra. They have long since developed a balance with nature that is well protected. The planet has a green atmosphere, which is controlled, and it contributes to their health and stressless way of life.
- 8) What government is necessary is provided by a 'High Council' composed of the wisest and most evolved Pleiadians. Any changes to their social order must be approved by a vote of the highest percentage of the population. The Pleiadians are part of a federation of civilized worlds that live by the words of an advanced race in the Andromeda Galaxy.
- 9) It is the desire of Pleiadians to stimulate the human consciousness through the dissemination of information so that humanity can make the necessary changes to create a new world based on Saalome, which is a Pleiadian word meaning 'peace in wisdom'.

#### 2.1.1.3 Procyonians

1) Procyonians have been nick-named 'Swedes' and are on the average between six and six and a half feet tall. They are from a solar system that revolves around Procyon, a binary yellow-white and yellow star system that rises before Sirius in Canis Minor (in the body of the Lesser Dog), about 11.4 light years from Earth. They are from the fourth planet in orbit around the Procyon double star system.

2) These Blonds are muscular with slender necks and agile bodies. Their eyes are alert and of high intelligence. Physically they are almost identical to humans. The main difference is that by human standards their blood circulatory system is under-developed, while their lymphatic system is over-developed. This gives them stronger immune systems than terrestrial humans.

3) Some Blonds have high intellectual and verbal abilities, while others are mute and telepathic. The Blonds with speech abilities will respond violently if attacked or threatened. But, the telepathic type will not. Both types are careful to avoid exposure, and usually encounter humans in quiet isolated places. They contact females more frequently. They may just stare and observe humans, then retreat. The Blonds do not seem to age, and consistently appear to be from 27 to 35 human years old, no matter what their real age may be.

4) Sometimes Blonds are prisoners of the Grays. The Grays must paralyze or destroy their ability to teleport through time and other dimensions in order to take them prisoner. The Blonds that are seen on the same ships as the Grays, working with them, are hybrids or they are clones. One way to distinguish the clone is that they all look alike. The real Blonds have distinct facial feature differences, and do not look alike.

5) The clones have thick necks and coarsely muscular bodies. They do not have the ability to teleport or to travel inter-dimensionally. They can be contacted by telepathy, but are unable to send. They can be given orders telepathically. They are zombie-like flesh robots. You can tell that they are of low intelligence by looking into their eyes.

6) The tall Blonds from Procyon have a benign attitude toward humanity, except for their strong disapproval of our inhumanity to each other. This strong disapproval is further intensified by the fact that our government has made a secret alliance with their hereditary enemies, the Grays, in order to obtain even more destructive weapon systems than those that were already in existence. Our government is not interested in negotiating with the Procyonians, as they would not provide us with weapon systems.

#### 2.1.1.4 Aliens Masquerading as Humans

1) The purpose of aliens who masquerade as humans are so that they may perform certain activities on Earth without suspicion. These activities include the study of human development, the transfer of information to humanity, and the direct intervention and control of human activities for alien purposes. Aliens who have been acting in this manner include the following:

- \* Pleiadeans - for benevolent study and spiritual development.
- \* Nordics - the nordic/arian race forefathers.
- \* Koldasians - similar level of evolution.
- \* Ashtarrians - for the advancement of religious dogma.

\* Gray controlled bio-drones, droids - to replace Earth's leaders

for social and economic control.

\* Gray controlled Men In Black, holograms, and projections

for mystical figures that appear to give divine guidance.

#### 2.1.2 Smooth Skinned Humanoids

1) Smooth skinned humanoids, presented in this section, include: the Tall Grays, the Short Grays, Human/Grey Interbreeds, Zeta Reticulans, Sirians, Insectoids, and others. These are all humanoid beings with a body that has a head, two arms, and two legs similar to the human body. However, these beings have a physiology that is obviously not human in nature.

##### 2.1.2.1 Tall Grays

1) Some of the various 22 sub-species of Grays originally started out as tall blond-haired humanoids in the Rigel system, but were subject to heavy radiation due to a nuclear exchange over a long period of time, changing their DNA to the point where some of the species became stunted misshapen dwarves. Glandular structures were also affected, including reproductive and digestive organs. The nuclear exchange occurred approximately 300,000 years ago. This type of Gray species has been referred to as the "Orion Crusaders" or the "Markabians".

2) There are two main types of the tall Gray species who call themselves the EBAN. Type 1 of the Orion Grays are about seven to eight feet tall and have what you would call an insect-base to their genetic makeup. They have a pronounced nose and slanted black eyes. They have no external genitalia and are extremely aggressive toward humans. Type 2 of the tall Grays, are between six and seven feet tall and have external genitalia. This type appears to be a taller form of the short Gray species with similar large heads and large black eyes.

3) The Grays operate very efficiently in the dark. Their eyes are more sensitive to ultraviolet light. They have the ability to control their heart rate. The normal heart rate for a Gray is above that of a human. The skin seems to have a metallic content and an unusual, cobalt pigmentation.

4) The brain has been described as having many more lobes than the human brain. There have been previous references to crystalline networks that have been found in the brains of some of the alien autopsies. It is believed that the network has a functional relationship to telepathic communication and acts as a functional node for group control of the cloned species, which function in what is essentially a hive mind.

5) They have problems with their glands, particularly with their sebaceous glands, which make it difficult for them to digest food. They derive nourishment from the glandular secretions and enzymes that they extract from animals that they mutilate. They absorb these extracts through the pores in their skin.

6) The Gray species is not based on individualization or being an individual entity. For entities maintaining a group mind set (social memory complex), individualization seems to cause a great deal of random energy loss. They were initially fascinated with both human individuality and the human emotional spectrum, which they can perceive but apparently do not comprehend what it means (to humans).

7) This species objectives appear to be founded on a rigid domination survival-based social order, where their "religion" is science, their social structure is geared to obedience, and their military concepts are grouped around conquest, colonization, and domination through covert mind control programs. It has become apparent that there are definite hierarchies within their social structures that provide for each entity having specific duties to perform.

8) These beings have technological superiority, but they appear to be lacking in spiritual and social sciences. This is evident in their obvious lack of warmth, emotionality, and respect relative to humans. They can sometimes obtain momentary pleasure in terms of mood elevation by tuning in on human wavelengths via telepathically connected radionic devices. They react to intense human emotion such as ecstasy or agony. They blanket couples for sexual thrills and are drawn to aberrants and sexual deviates. The Markabs use sex, pain, drugs and fear as obsessive elements with which to aberrate humans.

9) There appears to be much subtle conditioning that has helped prepare Earth people for certain aliens. However, it is now clear the aliens that have made technology available to the secret government are not benevolent but are our enemies, as they do the abductions, lie, deceive, are generally malevolent and are apparently implementing a very carefully planned covert invasion which includes the brutal and inhumane use of humans and animals for advanced genetic experimentation and crossbreeding.

10) It is a strategy whereby the malevolent aliens are building an 'Faustian' alliance with the secret government to enable them to effectively claim the Earth for their own, with humanity's unwitting consent, before any other aliens are able to effect appropriate contact within the constraints of so called 'Universal Laws' to which other alien races supposedly adhere.

11) The malevolent aliens have claimed their total authorship of the religions as a means to inculcate humanity's dependence and prospective allegiance to them and reverence of them. Their apparent behavior indicates an attempt to leverage that claimed authorship to their own benefit by placing themselves in the position of being 'Gods' or 'God's divine messengers'.

#### 2.1.2.2 Short Grays

1) The large Grays use smaller cloned, big-headed Grays to perform abduction and examination work. It is these Grays that abductees see most of the time. They are referred to as the Belletrax species from Betelgueses in the Orion Constellation.

2) The Gray species in general is more on the order of an electronically based space society with a common social memory complex that allows them to collectively function as areas of group-mind. Groups of Grays are controlled from one central source being, usually one of the large Grays, a Blond humanoid, or other dominant species.

3) The approximate height of the big-headed Gray is 3.5 to 4.5 feet tall, and have an average weight of about 40 pounds. Proportions of the head to the body are similar to a human five-month fetus. This seems to reflect a very ancient nature as a species as well as the fact that their DNA patterns lie within a specific band that is on a more primitive scale.

4) The species skin tone variation seems to be widespread, with skin colors

ranging from bluish gray to beige, tan, brown, or white. There are factors that affect skin color, and one of them is the state of general health of the entity. Skin color is known to change after they have consumed nourishment.

5) There are no reproductive organs or reproductive capability with the cloned species. The brain capacity is estimated to be between 2500 and 3500 cc, compared to 1300 cc of humans. Due to the cloning process, the neural matter is artificially grown brain matter. The Grays have technology that enables them to insert memory patterns and consciousness into clones in any manner or pattern that they wish.

6) They have two separate brains with many more lobes than human brains, and contain a crystalline network for telepathic communication and group control. The cloned species function in essentially a hive mind. Their movement is deliberate, slow, and precise.

7) The Grays consume nourishment through a process of absorption through their skin. The process, according to abductees who have witnessed it, involves spreading a biological slurry mixture that has been mixed with hydrogen peroxide (which oxygenates the slurry and eliminates bacteria) onto their skin. Waist products are then excreted back through the skin. Many abductees have noticed that the Grays have a distinct series of odors, many of them appear to be similar to a mentholated cinnamon smell.

8) The Gray clones have one major organ that has the combined function of a heart and lung. The rest of their body consists of a homogeneous spongy tissue infused with circulatory systems, glands, and other amorphous structures. Each of the Gray clones has an individuality, but it is much less pronounced than in the human, where tendencies toward expanded awareness and shared consciousness are minimized through cultural conditioning, programming, and basic cranial differences in structure.

9) The clones are subservient to the taller Grays. The smaller Grays possess an electronically monitored and controlled social memory complex that allows them to function effectively in a group-mind mode. They do not have distinct individuality, as the larger Grays have. When one of the Grays dies, its implant serves as a focusing device for retrieval of the body. When Grays die, their bodies are "beamed" away.

#### 2.1.2.3 Human/Gray Interbreeds

1) The Grays are cross-breeding with human beings in an attempt to populate the Earth with hybrid beings that serve their agenda for global domination. This activity has been going on for a long time and has produced many generations of Crossbreeds. These crossbreeds are potentially more superior in function than either humans or Grays.

2) Many individuals have seen breeding labs, both underground and on spacecraft. In those labs, Gray fetuses can be seen. Those fetuses have heads that are "out of proportion" to their body as compared to humans.

3) The Gray clones are abducting human females, both temporarily and permanently, and using them for cross-breeding in order to produce a new hybrid species that does not serve humanity.

4) The Grays do understand the concept of bonding, but only intellectually in terms of bonding (between a human mother/ ovum source and an alien cross-

bred child) that will serve to contribute to the survival of the cross-breed. They recognize the need for it in the child only in terms of survival.

5) Thousands of years ago, many races interbred here to create an intelligent and adaptive being. But, the current interbreeding is to create humans that will serve the Visitors. Interbreeding enables them to establish a presence and commanding influence here. Interbreeding has been going on for several generations. It is becoming very successful.

6) There are hybrids that are living among us in our world today. There are not many, but there will be ever more in the future. These are intelligent humans that do not serve humanity. There are also hybrids that actually possess the Visitor's consciousness. Soon, the Visitors will be able to live on the surface of our planet permanently.

#### 2.1.2.4 Zeta Reticulans

1) The Zeta Reticuli Grays have an insect-based genetic system and are about 3.5 to 4.5 feet in height. They have no external genitalia. They are less aggressive toward humans than the other Gray species. These beings are from Zeta Reticuli in the Reticulum Constellation. These humanoids have very distinctive facial features with a turned-up nose and long slender neck.

2) The Reticulans appear to be a highly aware grouping of entities that function as a social memory complex. Individuality appears to exist, but is overshadowed by the group mind. The Reticulans are millions of years old as a species and have a weakened DNA structure as the result of conflicts that involved nuclear radiation. The Reticulans have relied on artificial reproduction or cloning and face extinction from incurable diseases. They are creating hybrid human-Reticulans capable of mating with humans.

3) The Reticulans are largely involved in scientific exobiological surveys as well as systemic geological observation and field studies. Their civilization appears to be totally dedicated to interstellar research and life analysis. The Network has been on Earth for the past 50 years.

4) The basic objectives of the Reticulans is to use nullification and domination to control the leaders of various targeted civilizations. They accomplish this by taking out the leaders and replacing them with entities they can control.

5) Military operations of the Reticulan species consist of colonization of unprotected civilizations for the purpose of setting up logistical supply depots, slave sources, acquisition of potential allies, and biological materials.

6) The process of conquering a planet involves location of beings that vibrate in resonance with their vibrational frequency. These located beings are then told that they are the Elite or Chosen Ones who will conquer or lead the human race and rule the world for their Gray masters.

7) Often the located beings are physically taken aboard a craft and given physical examinations, provided with implants, given accelerated data through inculcation methods that will help them serve the Grays. The function of the Elite is to decimate portions of its own race in an effort to reduce populations to manageable limits so the remainder can be easily controlled.

#### 2.1.2.5 Sirians

1) Sirius apparently possesses qualities that develop some highly unusual personalities. Known as the Dog Star, in the constellation Canis Major, it is the brightest star in the firmament, and more than twenty times as luminous as our own sun.

2) The Sirians are a hybrid race with traits that are similar to the Blonds and Reptilian species. They are similar in appearance to humans except for the eyes, which have vertical slit pupils, and an elongated nose. They have short blond body hair under the tight fitting body suit uniforms that they wear.

3) The Sirians are actively involved in a war with the Grays from the Orion constellation. They have formed an alliance with the tall Blonds against the Grays. They are working in underground bases on Earth for the purposes of abducting humans and programming them. They are also performing genetic work there with humanoid forms.

4) Sirian Females have long hair, feminine features, and breasts. One female has been seen wearing a blue two-piece uniform with a pendant on her forehead. The males wear tight fitting hoods with round-shaped radio receivers and short antenna over their left ears. The insignia over their left breast is triangular in shape with either three parallel lines across it or a winged serpent inside of it.

#### 2.1.2.6 Insectoids

1) Although there appears to be a large variety of extraterrestrials in the form of insects, the most common and advanced species appears to be a giant insect creature, two meters (6'6") tall that resembles a Praying Mantis. It should be noted that experiencers feel that this type is no insect, but rather an intelligent, gentle-spirited, but somewhat "hyper" and jerky-moving, human-like lifeform, both males and females.

2) These Beings have long, narrow faces, with long, narrow, large eyes, sharply slanted upward and outward in an almost narrow-V position, given an almost insect-like appearance. This comparison is heightened by the Praying-Mantis types' extremely thin, long torsos, long, extremely-thin arms which are usually crooked into a sharp bend at the mid-joint, with the hand and fingers/mitten sloping almost vertically downward from the "wrist", and legs also bent at an almost right-angle at the mid-joint, creating a crouched pose. The overall effect is the characteristic "Praying Mantis" look.

3) Witnesses have reported seeing this strange and frightening being on several occasions. In Maryland, in 1973, a group of four Preying Mantis aliens abducted a law student and examined him. On another occasion, a creature, fitting the same description, was found attacking a teenage boy.

The boy was rescued with some difficulty and the being was chased away.

#### 2.1.2.7 Other Smooth Skinned Humanoids

1) Other species of this type include the Akartians, Iargans, Dwarfs, Hairies (Yeti type, Sasquatch), and Ummono's. Another group is from the Arcturus system. These humanoids have red hair and have been called Oranges. They remain neutral toward humans and are waiting to reclaim a portion of the Earth for themselves.

2) Another group of entities that have a more pessimistic view of human fitness for being in charge of the planet's resources is a very large humanoid race that



are described in the book of Genesis as the Nephilim (literally giants) who impregnated human females who then gave birth to giants. This race is reported to originate from the constellation of Lyra and inhabits the planet Nibiru.

3) There is an on-world presence of humanoid races that have historically assisted humanity in its evolutionary development. Such a race has been the remnants of the ancient Lemurian and Atlantean civilizations that established large crystalline cities inside the Earth's crust after abandoning their cities/civilizations established on the Earth's surface. They are a tall Nordic-looking race living in a subterranean city under the North Pole. Strictly speaking, this group is not extra-terrestrial in origin but simply a sub-terrestrial humanoid race that is genetically linked to humanity.

4) Another group of extraterrestrials are off-world ETs that intervene to assist humanity in dealing with off-world ET races. This category is commonly described as 'Nordics' and 'Semites' that come from Altair Alpha Centauri, who are humanoid in appearance, between 7-8 feet in height. Altair's fourth and fifth planets are inhabited. In fact, the people from Altair colonized the Pleiades system long ago. The human-looking Pleiadean extraterrestrials are actually ancestrally Altairians. There are two variants, the Semitic-looking ones and the Nordic-looking ones.

### 2.1.3 Scaly Rough Skinned Reptilians

1) Scaly rough skinned humanoids describe the appearance of the Reptilian species from the Draco constellation and the Capella System. These beings have elongated heads and eyes with vertical slit pupils. Some of the reptilian hierarchy are albino white and not the usual green or brown. Some have conical horns midway between the brow and the top of the skull.

2) For the most part, we are dealing with another species that is humanoid in shape, but Reptilian in heritage. Their leader elite are the "Draco" that have special "wings", which are flaps of skin, supported by long ribs. These can be folded back against the body. They are also known as the "Dragon Race" and their symbology usually includes a Winged Serpent. There are elements of their species that do not have wings - the "soldier class" and "scientists" have none.

3) They are all 'cold blooded' and must have a balanced environment to maintain body temperature. The "soldier class" of the species can bury themselves in the ground and wait long periods of time in order to ambush their enemy. If need be they can survive on one very large meal every few weeks or even once a year. As a species, they are well suited for space travel due to their ability to hibernate. These reptoids have scales that protect them from moisture loss. They have no sweat glands.

4) The scales (scutes) are much larger on their backs, making the skin waterproof. The scales elsewhere on the body are more flexible. They have three fingers with an opposing thumb. The eyes are catlike and large. They have twin nostrils at the end of a short stubby muzzle. They are mostly meat eaters. The mouth is more like a slit, but they do have teeth that are differentiated into incisors, canines, and molars. They average from 6 to 7 feet in height.

5) The Reptilian (amphibian) humanoids have been interacting with Earth for ages. Many contactees and abductees repeatedly describe an insignia of a Flying Serpent on the shoulder patch, badge, medallion or helmet. The Serpent Race lives under the ground.

6) The Draconian Group is a Confederation with subgroups (The "Serpent Race" from Sirius) and various crossbreeds. They set up bases inside of Venus, the Earth, and other locations. Earth is on their ancient space trade routes.

7) The Draco are about 8 feet tall and have winged appendages coming out of their shoulders, dark scaly skin, and have glowing red eyes. They have the ability to fly and usually operate at night. These entities, as well as the elite of the other Reptilian species (that also have winged appendages) were the source for some of the legends of the past relating to Gargoyles and Valkyries. It is also apparent that some of the qualities ascribed to vampires have also been taken from these creatures.

8) Some Reptilians eat humans like we eat chicken. In the United States, there are great, underground food-storage rooms full of preserved human bodies. Sometimes the bodies are those of children. It is not only children but also adults that Reptilians eat. However, children are preferred because they are not poisoned with substances like caffeine, nicotine, alcohol and other things that adults are saturated with.

9) The Reptilians don't seem to be dependent on humans as a food source, although part of their experimental work with us is toward the end of future food supply/production. When they become involved with crossbreeding (humans and Reptilians), they are not doing it for racial survival but for the purpose of creating a subclass (slave race) within their own culture. These half-breeds are to be biological war machines and laborers, etc. They are to be someone else's property.

10) The Reptilians seem to have little regard for us as living beings. (They think we are as ugly and repulsive to them as we ever portrayed them to be, and that we, the human race, are "as valuable as weeds".) However, they do seem to consider some of us valuable property. One gets the feeling they will continue to use us as they see fit, or, if we ever become a real problem as a group, they would sooner wipe us out than deal with us.

11) They do not fear humanity and consider themselves far superior to humans by all comparisons. They supposedly consider the surface of this planet to be a poisonous, inhospitable environment and "allow" us to live here, since they live below the surface and in space. (We and our surface environment function as a physical buffer or living shield around their home underground.)

## **The Lyrans**

We are going to start with the group called the Lyrans. We are going to give you some basic information about the various subgroups that have existed within their races and allow you a more expanded point of view, perhaps, on the diversity of your forefathers - which, of course, is reflected in the diversity you have upon your world. We will then bring in the Vegan civilizations, because they are instrumental in forming some of the other galactic races as well.

Starting, then, with the Lyrans (going back chronologically), the first expression of physicality that could be considered Lyran would be somewhat small - smaller, in fact, than your present average human. But as the culture grew, as their experiences and genetic structures began changing, their physical characteristics began expanding as well.

### **Lyran Giants**

We're going to give you some of the primary groups that were very active in space exploration because those are the ones that matter the most to you, since they are the ones you had contact with. First is the genotype that we will call the Lyran Giants

These entities (physical like yourself, of course) existing in third and fourth density, were Caucasian in type. They were primarily of light skin, light eyes and light hair; the darkest hair would be a medium brown, which was somewhat unusual.

The physical body would be likened to the mesomorph, which is basically a well-balanced, muscular body. The height would be anywhere from six to nine feet tall, depending upon the group of entities we are speaking of, the smallest being at the six-foot range (female as well as a male). These entities developed this size from long periods of genetic development on a planet with higher gravitational fields and a denser electromagnetic envelope, also present in the solar system in general. This added to the creation of a more hearty, shall we say, entity. These entities are reflected in some of the Greek mythology and in some of the biblical stories of giants. This is one of the groups that your civilization still has a cellular memory about. This particular group was one of the primary groups that began forming a God/worshipper relationship with you. Do you follow so far?

This is one of the reasons for some of the expressions in your religious art and architecture (which has very large doors and windows); this patterning with this particular racial structure was very deep within the human psyche. These were the original *gods* - or at least the ones that made the biggest impression on you.

### **Lyran Redheads**

There is another race that has branched off from this giant race, the red-haired Lyrans. Their hair was red to strawberry blonde in color. The skin tone very, very fair; these entities had a difficulty exposing their skin to certain frequencies of natural light, due to the planet they sprang from. Some of these were also giant in stature, though there were some who were average human size. Eye color was

generally light to what you would now consider green, though it is a different quality of green than you see upon your world. These entities were some of the first Lyran pioneers. (Pioneers is a very kind word, for there are many worlds that consider the red-haired ones to be the invaders, marauders and the basic havoc-wreakers of the Lyran genotype).

*Are we speaking of what their current state is also?*

Well, to some degree we are speaking about the distant past as they interacted with your earth plane. These entities still exist but are much fewer in number. We would say that your closest mythological remnants are in your Norse mythology - Vikings etc. Some of that mythology was about actual Earth beings who were either influenced by or interacted with this red-headed Lyran strain. This is not a very common interaction on your world, not as common as that of the giants, but common enough to have made it into your mythology.

*Did they have any spiritual or energetic relationship to the few red-haired Pleiadians? Apparently there's a remnant of a red-haired group in the Pleiades.*

Yes, there would be genetic connections, most certainly. And if there is a genetic connection there is always an energetic connection.

*It's hard to think of someone living in the Pleiades who would be violent. But if that aggressive tendency somehow channeled into other areas...*

It's channeled into excitement. The Pleiadian version is much more watered down. (We can get to that later on if you wish.) But the purebred red-head was very aggressive, violent, passionate and, to some degree, very rebellious. They saw the giant Lyran race as their parents, and they were rebelling against that idea. They were rebelling because they felt that the morality of the giant race was being impinged into their reality. We do not perceive this was the case, but this was another expression that needed to be experienced in your galactic family.

*Did these red-haired people naturally evolve as red-haired, or was there intentional manipulation somewhere along the line?*

There were those from the giant race who left and went exploring. The primary group colonized one specific planet and over generations adapted themselves to the planet. They adapted to the specific mineral content of the planet as well as the atmosphere; the specific wavelengths of the planet's atmosphere caused the mutation to lean toward the more red tinge. That, in combination with the more rebellious attitude, began to create a specific sub-genotype.

*So that particular race must have felt somehow slighted within the family. Colloquially speaking, did they carry a chip on their shoulder? Did they feel they had something to prove?*

We would say that's pretty accurate, yes. We say this a little lightly, but this is the story of your entire galactic history. Most groups splintered off because they did not agree with the mother group. In this way most of your experience as a galactic species is based on conflict/disagreement and the attempt at rightfulness.

### **Redhead & Caucasian Subgroups**

So far you have the giants and the redheads. And within the redheads you have two subgroups - one giant-sized, one average-sized. Also within the Lyran you have a broad type we would call Caucasian who are light-skinned, light-eyed (the darkest eyes were perhaps a light brown, but that is uncommon), hair ranging from almost white to a light brown (but anything in the brown range was unusual). These entities' body types would be anything from ectomorphic, (thin) to the mesomorphic (muscular). This is the broadest category. Most of your genetic forefathers were from this Caucasian category. Your diversity began with some red-head influence as well as some giant influence, but those are secondary compared to the Caucasian influence, which is primary.

In terms of actual internal structure, that information is unnecessary, for it is lengthy and not all that pertinent right now. The desire we have for communicating this information is not so much for the raw data, but for your understanding of how your planet has achieved such a group diversity. So we will stick to the external appearances rather than the internal makeup.

### **Darker-Skinned Lyrans**

There was one other group, a humanoid type that is more rare, but it has had interactions with your world as well. This was Caucasian in features but the skin is more of a light chocolate, very uniform throughout the whole body. You would consider it a very pleasant, appealing shade. The eyes are brown, not black, although some were green; and the hair was not black but dark brown. This group had influence on your planet in the area of India, Pakistan, etc. That was their primary area of interest in their visits here. None of the races now on your world are pure extensions of any of these races; just about every race on your world has had some mixing. However, this last race, which we will call the darker-skinned Lyrans, were considered pacifists. Their psychological makeup was one of extreme passivity, peacefulness. One may even call them lackadaisical, because it was very difficult to get an emotional reaction out of them. You will find some of these individuals mentioned in some of your Sanskrit literature from ancient times.

In a moment we will talk about the Vegan influence. However, we want to make it clear that this last group, the darker-skinned Lyrans, is not the same as some of the Vegan genotypes we will speak of, who have a different genetic structure.

*Would it be a completely different genetics from the Lyran? This group is Lyran-based and the group you'll talk about later would not be considered Lyran?*

### **Birdlike Lyran Subgroup**

Yes. They might look similar in appearance, but the base genetics is different. There is a need to express some of the other forms that have expressed their energy through the energy of Lyran that are humanoid, meaning mammalian, but whose appearance is different from what you know as humanoid. This has also accounted for some of your mythology. There is one group of entities who are mammals, yet are oriented toward Lyran principles (Lyra being the mother group), and whose features are very different from humanoid. One particular group resembles what you call alien. The body type of these entities would be what you call ectomorph, very thin, almost frail and birdlike. The facial structure is more angular, sharper, resembling a bird, though these are still mammals. The eyes are birdlike. The hair is not feathered, but is of a different quality that can resemble feathers, if you are not touching it or in close proximity to it. It was also ceremoniously adorned in a certain way that made it look like feathers. This was not intentional but simply their own expression. These entities are very cool and intellectual. They consider themselves primarily scientists, explorers and philosophers. They do not engage in galactic politics, but they do travel and visit. They have had interaction here on your Earth during some of the most influential civilizations - Sumerian, Egyptian. There was interaction in what you call the Indus Valley.

These entities have entered, in a backhanded way, the mythology of your people. They are not bird creatures; they are mammals who are birdlike in appearance. We have not talked about these entities at all up until this point because we've limited our discussion to what matters to you now on the Earth plane. This is a curiosity, but at least for now they do not represent something significant you need to look at to continue your own unfoldment.

### **Catlike Lyran Subgroup**

One other Lyran subgroup is also mammal and what you would consider to be humanoid - but whose physical appearance resembles what you call the feline kingdom on your world. They are not cat people, but humanoids who have catlike qualities. They are

very agile and strong. The nose is not predominant but catlike, if you can imagine the nose of a cat. The ears are neither human nor catlike but somewhat of a cross, a little pointed, not very much, but a little. The mouths are very gentle and small. (Many times when extraterrestrials look at the human face, to them the human face is overwhelmed by the mouth.) These catlike entities have very small, delicate and what you would call dainty mouths. The eyes are very pronounced, large and catlike, with a second lid. Again, these qualities developed from the specific environment they have placed themselves within over generations. They do not have fur. However, there is a protective layer of what you could consider peach fuzz over the skin because of the harsh ultraviolet radiation on their indigenous planet - it simply protected the skin.

Any primitive interaction with these entities on your world may report that they are cat people - they are not. They are humanoid.

*So early on, the development of these two groups took a different direction than ours did. If they're Lyrans-based, then we're talking millions of years ago that these developments started separately from our branch, right?*

Oh, yes. They are not so much involved in your human drama. This has not been from a denial of the Lyrans dysfunction and conflicts. It is simply that their excitement has gone in other directions, and they've evolved in those directions. They have had contact with you every once in awhile. They recognize that you are all part of a family, at least genetically. And there are individuals within their societies who often project to you on an astral level simply to keep the lines open for communication. But for now there has been no necessity for a lot of interaction between your cultures.

## **Eyes**

There's a point we would like to make here about the Lyrans, Vegans and other extraterrestrial civilizations as well who have communicated with you. It is about their eyes. Primarily the eyes are accentuated, whether it be through the tilt, the shape, the size, the color or their reflectivity. They are usually very pronounced. If you search through your mythologies, many civilizations have accented the eyes - most notably the Egyptian civilization. This did not start out as an adornment but as an imitation of the gods, as an attempt to make humans more godlike, as an attempt to revere the gods. Over time there has been a loss of the connection to why the eyes were accentuated; it was originally because of the gods.

*So why do our eyes appear to be so small in comparison to the rest of the family?*

If you remember the stories we've told about the genetic manipulation in the creation of Homo sapiens, the Lyrans did not

want to create you as them. They had some definite issues about creating you equal with them. So one of the choices was in the creation of the eyes - to give you more a simian eye quality. You understand what we mean by simian?

*To retain the simian quality?*

To retain the simian eye quality, the ape, which to some degree is one of the most painful things they've done to you, because when you look in the mirror your cellular memory remembers simian. If you had the eyes of the gods when you look into your own eyes, you would see God.

*Interesting. When we look in the mirror we see to the past, whereas they see to the future, at least symbolically, the genetic response.*

Yes. That was the intent originally, so that you would always be looking behind you, never looking forward. When the Sirians took over the project from the Lyrans it was too late to change it. So to some degree the Sirians encouraged your practice of accentuating the eyes as a remembrance of God so you would not forget your forefathers. They have done a lot through the ages to stimulate memory in you so that you would never ever forget.

*Are there other lines of Lyran evolution that have nothing to do with us historically, that literally branched off into other parts of the galaxy?*

Oh, yes. But the majority of Lyran evolution is tied with you. For instance, the birdlike and catlike entities we have spoken of have their own affiliation with other groups. They are a part of the developmental evolution of other civilizations.

It is important that we stress here once again that the Lyran basic genetic structure is the mother of all in this case. However, we recognize Vega as being a significant enough emergence that it can take on its own genotype as well. Those entities who from the very, very early days of Lyra branched off in other directions, began through their own experiences, through their own evolution, to form their own unique genotypes.

## **The Vegans**

There's less variation in the Vegan genotypes than in the Lyran. The primary subgroup of Vegan genetics is what we would call standard Vegan, averaging approximately six to seven feet tall (males and females), darker skin, non-Caucasian type. Generally speaking, the skin layers are thicker with fewer layers. The skin is not as soft as human skin, is much tougher, able to withstand high levels of ultraviolet radiation and heat as well as cold. A much sturdier and more durable humanoid being. Generally, the hair of any Vegans who have hair will be primarily black, and the range of shades will be standard black as a midpoint to a light to dark brown (which is



unusual) and an even darker black with a greenish tinge. That range frequently varies. What is interesting to note is that, depending on the various Vegan race, some have no hair at all, some have very little hair and some have full heads of hair, depending on the individual race. The skin tone will be anywhere from light brown (almost beige) to very dark brown - what you would call on your planet (using your own terminology) either negroid or Indian (your native people) - anything in that shade range.

*So some of the Eastern Indians are extremely dark brown in contrast to the skin color of some of the African groups that are very black, almost coal black?*

Yes. Generally speaking, the coal black is a quality of your Earth that was bred here. It is very unusual out there. Also you will find that the skin will have more of a wrinkled quality - not always, but some will.

### **Humanoid-Type Vegans**

We're basically going to break up the Vegan genotypes into only two categories. One is humanoid and one is nonhumanoid and these are appearances only, not genetic structures. What we have described to you previously as Vegan is of the humanoid type. Generally you're going to find in the humanoid group that the eyes are very striking. The average eye of the standard Vegan humanoid group has a very large, dark pupil and iris. The eyes are generally a little angled but still large, and they retain a lid. So it's not like the Zeta, who appear not to have a lid. If they walked down your street they would be very unusual looking, but you would not necessarily think they were alien. They would definitely attract your attention; you might think they had some type of birth defect.

The eyes of these Vegans are very striking, and were even more instrumental in getting the attention of the humans than the Lyran's eyes. It was simply the contrast between the darkness of the skin and the whiteness of the eye outside the pupil and iris that made it more striking. Of course, those with darker hair and eyelashes seemed to have a black outline around their very large eyes.

Many of the other groups we will talk about stem from this Vegan group, most notably the Orions. It is a very broad category we've been describing, the human-type group in the Vegan genetic structure.

### **Nonhuman-Type Vegans**

The second group - nonhuman-type Vegan - is still humanoid, still mammal. When we say nonhuman we are talking about

appearance. The appearance of these particular entities can either be insectlike or reptilian. (These are your labels that we apply to the physical appearance of these particular entities.) Generally speaking, you will find that the range of skin color will apply the same as the human type. However, there are some groups who not only have a greenish tinge to the hair but also to the skin. It's not very pronounced; we don't want you to think we're talking about some type of green monster. We're talking about a basic humanoid entity with a copper base in the skin and bloodstream that gives it a greenish tinge. The eyes are very large and may or may not have a second lid, depending on the planet of origin. They have a very small nose and a pronounced jaw in some cases. The jaw can either be thrust forward (which would give it a reptilian look) or downward (which would give it an insect look). We are talking about humanoid-type entities. We call this group nonhumanoid type only because of the appearance - they are still mammals. These entities have had communication on your Earth plane with you and have been responsible for some of the stories that circulate about reptilian monsters or cold-blooded aliens, etc. (When one is in fear, when one encounters the unknown, one often exaggerates the experience.) These entities are genetically connected to you. They still procreate as mammals. The base genetic structure is reflective of the template from which your galactic family expresses itself, so they are still part of your family.

There is more to say at some point about these particular entities, but for now we simply want to present this idea for those of you who have had a curiosity about what this reptilian stuff is about. They are not insect; they are not reptilian; they are humanoid and mammalian. They simply do not look the same as you do.

These two groups, then - the Lyran and the Vegan genotypes - are instrumental in how the rest of your galactic family expresses itself genetically. We will now mention the other primary groups of the galactic family and show you where their genetic heritage lies.

### **The Pleiadian Civilization**

The most obvious is that of the Pleiadians splintered off from the Lyran group, some going directly to the Pleiades from Lyra, others going to Earth and mixing their genetics with the Earth genetics for themselves, then going back to the Pleiades to join some of the other Lyran splinter groups there. The standard Pleiadian is a mixture of the different genotypes we've talked about. Generally, a Pleiadian will manifest anywhere from blonde to even some black-haired, or very dark-brown-haired strains. The eyes are generally light blue to a light brown - Caucasian. Generally, they are Caucasian. They can range from very petite (five feet tall) to very

large (sometimes seven feet tall - rare, but possible). You can see how some of the recessive genes that they brought from their Lyran heritage (the giants, for instance) may manifest in a body. So the Pleiadian group, in terms of the Caucasian type, is very diverse.

*These light brown eyes you keep mentioning, would they appear at first to be gold?*

Yes.

*So reports of golden eyes would actually be these light brown eyes, as opposed to our standard brown eyes?*

Yes, it is not like your standard brown eyes. When we are talking about eye color, in no way are we talking about what you know as eye color. What you see of your own eye color is only how your eyes reflect light in this reality. If you are vibrating at a different rate or if you are in another plane of reality, all color quality changes, because the laws governing light reflection change and the quality of reflected light changes. So we can describe this only broadly. There are other colors of eyes, but if we told you lavender eyes, you would picture what lavender looks like and then your perception of what we're saying would be very wrong. So we keep this information very standardized.

There's really no need to go further into the Pleiadian genotypes because they reflect the Lyran groups very much. Some are combinations; some are redheads; some are very light-skinned. Pleiadian physical expression is basically dealing with Lyran genetics and, in some cases, Lyran and Terran genetics. Is that complete?

*Can you talk about the emotional temperament of the Pleiadians, the similarities or dissimilarities within their own groups and in comparison to us? Is it similar to ours, and is there variance of emotional temperament within the Pleiadian groupings?*

Their emotional bodies are much more harmonious, though, understand that where they are today came from their denial of negativity. We've talked to you about that already, so that's nothing new. You, on the other hand, deny both negativity and positivity in an attempt to be neutral or nonfeeling. That is what a greater portion of your reality attempts to do. Now, to some degree this is an attempt at balancing what you see as your forefathers' energies, because obviously whatever they did didn't work for them, since they were still in conflict. So you are bound and determined not to do what your forefathers did in just about every way. The Pleiadian emotional structure is now not repressing negativity, for the most part. However, who they are today is because of their repression of negativity. So to some degree that's how something that is actually a negative thing (repression) can turn into a growth process that can eventually lead to the growth that is sought.

*Is the potential similar; is the basic emotional structure similar?*

Oh, yes. We would say, more than any of the other races we've talked about with you. The emotional similarity between the Pleiadians and yourselves is most pronounced. One of the biggest reasons for the difference is simply the differences in your reality. If, let's say, several thousands of years ago, Pleiadians from that era came and lived on your world today, they would have become you emotionally. But with their evolution, that would not occur.

### **The Orion Civilization**

The Orion civilization is primarily 89% Vegan in nature. Of that 89% Vegan genetics, we would say that 75% is of the human-type, Vegan-based genetics. The remaining 14% would be considered nonhuman-type Vegan genetics. Therefore, your stories of reptiles from Orion, although they are embellished somewhat (usually by the emotional body), are accurate because there are those nonhuman-type entities with Vegan-based genetics living within the Orion system (or have in the past) that account for those stories. Primarily it is Vegan in nature.

*This would be the body types with the very high copper content that is due not only to the genetic line but the diet?*

Yes, most definitely. Your bodies here on Earth are based on water and though theirs have water as a primary substance to some degree, a certain oil or fatty content lubricates the body, the skin. Kind of like the idea of the engine in a car; the gears turn because of the oil. One thing we want to mention is a uniqueness in the eyes of Orions. Through very strict spiritual training, which includes diet, ceremony and certain psychic experiences, various priests in the Orion system can change their eye color to a very vivid blue. Some of your people have had encounters with these Orion-type entities with very sharp blue eyes. If anyone has, it is most likely that the entity they are contacting is a priest of some sort, for the eye color is not natural at birth but is attained through a type of spiritual path.

We told you that 89% of the Orion entities are Vegan in nature. The remaining 11% are of a Lyran stock. We would say that of that 11%, 90% are of the light-brown-skinned people we've talked about and the remaining 10% are of the Caucasian-type Lyran - light hair. They are rare, but of course if you're talking about several billions in population, then that could account for a goodly amount of people.

*And they do tend to be aggressive, to leave their mark?*

Yes, generally that is the common theme. These are the most common physical attributes of these Orion entities. Getting a little esoteric for a moment, as you get into the rarified vibrations, as you're getting into higher levels of fourth density, the physical

appearances really become very malleable and not all that important. What we're talking about is the third-density and early fourth-density characteristics, because that's when the genetic differences are very marked, very apparent.

*Is there enough genetic similarity that natural cross-breeding is possible?*

Yes, absolutely.

*What about between the Lyrans and the Vegan types?*

We would say that if you took a random Lyrans and a random Vegan, there is a 60% chance that the birth would be successful without any alteration whatsoever.

*What would the result look like?*

In some ways like a typical ethnic person on your planet. Now we're getting into the idea of the breeding on your planet. There have been two lines active on your planet. The royal houses of Vega - which actually have changed hands and are now the royal houses of Sirius, but are the Vegan genetics - and the royal houses of Lyra. Your interbreeding with each other throughout history has been an attempt at unifying those houses. So it stands to reason, then, that any crosses between the two out there would primarily be successful with very little manipulation.

### **The Sirian Civilization**

This brings us to Sirius, being a primary star, in some ways a dimensional doorway for a lot of consciousness, is very diverse. So we would like to make it known here that the Sirians of which we speak are the Sirians of your history, the Sirians who were part of your genetic project on Earth. There are so many Sirians on many different levels (mostly existing in the Light realms) that we don't want you to get confused with what we are talking about - those who were part of the genetic creation on Earth of Homo sapiens. This Sirian race we are talking about - we'll call them the Sirian gods - stemmed from Vega. So the primary genetics of Sirius is a Vegan stock - darker skin, but anywhere from very light brown to very dark brown. They have a lot of the Vegan qualities, including the very pronounced eyes, the large, slightly angled eyes. The particular Sirian gods who had interacted with your planet, having spent a lot of time with the Lyrans who were also part of the genetic project, had done some interbreeding themselves. So these Sirian gods began through time to take on a lot of qualities of the Lyrans. Some began to have lighter skin, some began to be more diverse in their genetic makeup. It got to the point where the interbreeding between the Lyrans and the Sirians was so mixed that the only way to denote a Sirian would be through their belief structure rather than their physical appearance. Since our focus right now is not the genetic project on Earth, we will be very brief with this. (There are tapes available that can give the fuller story.) The ultimate attempt

was to join the royal houses of Sirius and Lyra. Throughout time on your planet, since the prototypes of Adam and Eve were created, this attempt has been made with the belief that a more advanced type of human being could be created. This is still going on; it's not so much now the physical attributes attempting an integration but rather the belief structures themselves.

Because the Sirians gods were of Vegan heritage, it stands to reason that some of them may have had some of the genetics of the nonhuman-type Vegan entity, which would mean that some of the Sirian gods appeared to be nonhuman, whether that seemed insect or reptilian (though they were mammal, like you but with a different appearance). That accounts for some of the stories. Anything more about Sirius before we move on?

*Sirius, like Vega, has an extremely bright sun; so bright that if we were to look at it, even at the probable orbits of the planets, it could cause instant blindness, being thousands of times brighter than our sun. I can understand how their sun conditioned the Vegan body, and the Sirian sun may be even harsher. So I'm wondering if some of the aquatic references could not have been due to some elaborate genetic engineering done in the Sirian system just to survive - or is this a distortion of the mythology?*

The idea of the cetacean connection on your planet (meaning that cetaceans represent Sirius consciousness) is more a Terran than a Sirian representation. Though there are cetacean creatures in your galactic family, the creation of the cetaceans here was deliberate for Earth. It did not come from somewhere else. Thus the types of cetaceans you have on your planet evolved with some help; you can see that by examining the skeletons of dolphins and whales. They have finger and toe bones in their fins. They have a rudimentary humanoid skeleton that has been adapted for their environment.

*What you're saying is that cetaceans don't represent a genetic heritage in the human family through Sirius.*

Correct. But they do represent a genetic alternative. It was desired that genetic alternatives would be present for those who wished other experiences. There is a lot more we could talk about regarding this; however, we want to keep it focused in a certain direction. If you want questions on this at another time, please feel free to ask.

## **The Zeta Reticuli Civilization**

We'd now like to talk about the entities that you know of as the Zetas. The physical characteristics of the Zeta Reticuli that you are already aware of is 3-1/2 to 4-1/2 to, in some cases, 5 feet tall, generally bald, frail-looking, larger-headed in proportion to the

body, large eyes that seem to have no lid, very small (if any) nose, mouth and ears. We have given you the story about the Zeta Reticuli. To encapsulate it here, they were a civilization very much like you who went on a path of (in some ways) self-destruction, a specie crisis. They caught it before they were annihilated. However, they found themselves sterile. They performed genetic engineering, cloning, etc. to change their species and so you have the Zeta Reticuli you see today.

We will tell you that the base genetics of the Zeta Reticuli before they went through their species crisis and transformation was that of human-type Vegan heritage. Their civilization, when it went through the change, required them to alter their body structure into what they are now. This accounts for one of the reasons why they are here and interested in your genetics, because they are looking for an aspect of their original genetics to reinsert into themselves because of what they perceive they've done wrong during their transformation - namely, breeding out emotions. If they were to time-travel, which they can do, and go back to their past, they would only be gathering genetic data before their crisis. To them, that genetic data is inferior; they do not want that. They look to other races who have Vegan forefathers for some of the Vegan DNA that has been adapted through experience to a more expanded state of being. Your planet is one of the places. There are Vegan codes active here, and at this point just about everyone on your planet carries both the Lyran and Vegan codes. You've intermixed so well. When they are taking genetic samples from you, they are looking mostly for Vegan (but some Lyran) genetic codes that have been strengthened and adapted from their original state on Vega millennia ago. So this is why, to them, you are so important - because you carry locked in the cells of your body what they think is their only future. You on Earth, more than anything else, have served as a genetic repository, a genetic storehouse for the galactic universe, for your galactic family. In some ways you've been earning interest on this DNA you've been storing, because it's a lot more valuable now than it has been in the past. Individuals are now coming back to explore that greater value and that is what the Zeta Reticuli are doing.

*Do they themselves have a genetic future? And what is it?*

They are creating their genetic future as they go along. In some way (and we speak a little bit loosely here) they have no future other than what they deliberately manipulate. According to the laws of species evolution, they *should* have transformed out of physicality already. Since they are not running according to the standard laws of species evolution, their future is what they make it. They could annihilate themselves tomorrow by simply pulling up

all of their laboratories and leaving, never enhancing their own genetics, and eventually dying off. They could do that, but they don't want to. They don't want to leave this reality without resolving the things they feel they need to resolve, and so they will keep themselves physical until they do so. And as we've stated before, they understand that you have invited them and that you are also getting something out of your interactions with them; it's not a one-way street. We would say at this point that what you are getting out of your interactions with them is much more valuable than you've ever realized, much more valuable than we've ever told you. It's essential.

*What do these various races think about us when they see us physically? How do they feel about us?*

There are different emotions. Imagine being an interracial couple; imagine being an Asian woman and a black man creating a child. As you watch the child grow, you can very clearly see, at least physically, the African attributes and the Asian attributes and you can watch them expand and grow and interweave with each other. They know themselves so well at this point that when they watch you, they can see not only the physical attributes you have, but the emotional and mental attributes, even the spiritual attributes, and they can pinpoint themselves within you very clearly. To some, it's a shock; it's painful to come here because you are very clear mirrors for them. To others, coming here is the only way they can see themselves.

*Do they like our physical appearance? Do they dislike it? Are they neutral or is it a curiosity?*

When you have traveled the universe as much as many of these races have, it's not a matter of liking or disliking appearances, because you've seen very strange things. It's like a sense of déjà vu when they see you. There is something very familiar about you, and yet there's something very alien - something that frightens them very much. They are drawn to you and they are also frightened - and that is where growth lies.

With that, we will thank you for your wonderful questions. There will be more information on this in the future. We're just laying the groundwork here. We'd like to take this opportunity to thank each and every one of you for the gifts you have given. Not only to your reality, to your forefathers, but mostly to yourselves, because those gifts will bear much more valuable fruit than you can yet see. Much love to all of you.



Edgar Cayce has said in his teachings that Arcturus is one of the most advanced civilizations in this galaxy. It is the fifth-dimensional civilization that is a prototype of Earth's future. Its energy works as an emotional, mental, and spiritual healer for humanity. It is also an energy gateway through which humans pass during death and rebirth. It functions as a way station for nonphysical consciousness to become accustomed to physicality. The Book of Knowledge: The keys of Enoch describes it as the mid-way programming center used by the physical brotherhoods in this universe to govern the many rounds of experiments with "physicals" at this end of the galaxy.

Arcturus itself is the brightest star in the Bootes constellation, which is approximately thirty-six light years from Earth.

Some fascinating information comes from a book by Norma Milanovich called *We, the Arcturians*, which I highly recommend. Of all the extraterrestrial civilizations, I feel most drawn to Arcturus, probably because of their total focus in every aspect of society on the path of God-realization. For that reason I will go into detail in describing their wonderful civilization.

I also have the good fortune to know someone from Arcturus, who is living on the Earth plane. She is one of the most spiritually gifted people I know. My connection with her and her work has greatly enhanced my own life and spiritual path.

The Arcturians teach that the most fundamental ingredient for living in the fifth dimension is love. Negativity, fear and guilt must be overcome and exchanged for love and light.

The Arcturians work in close connection with the ascended masters whom they call the Brotherhood of the All. They also work closely with what they refer to as the Galactic Command. The Arcturians travel the universe in their starships, which are some of the most advanced in the entire universe.

One of the reasons Earth has not been attacked by warlike negative extraterrestrials has been those civilizations' fear of the advanced starships of the Arcturians. Their ships are state-of-the-art technology, far beyond anything I have mentioned so far. One of the starships circling the Earth is called the Starship Athena, after the Greek goddess.

...

Arcturian society is governed by the elders, who are revered by the people of Arcturus for their advanced knowledge, wisdom, and

extremely high vibrational frequencies. The higher the vibrational frequency, the closer one is to Light, or spirit, or God.

The Arcturians are short in physical stature, about three or four feet tall, and slender. They look very much alike, which they are happy about because it erases the pettiness of comparing looks which is so predominant to Earth society. The Arcturians are the most loving and nonjudgemental beings you can possibly imagine. Their skin is a greenish color. They have very large, almond-shaped eyes. They have only three fingers. They have the ability to move objects with their minds and are totally telepathic. Their source of nourishment is an effervescent liquid that is highly vitalizing to their entire being.

Their eyes are dark brown or black. Their main organ of seeing is actually their telepathic nature, not their physical eyes. Their sense of hearing transcends even their telepathic nature. They also have an ability to sense with the backs of their heads.

The average life span is from three hundred fifty to four hundred years. Their highly developed spiritual nature has allowed them to avoid aging, since they have the ability to transcend time and space. They terminate life when the contract that has been arranged for their existence is finished. There is no sickness in Arcturus; it was eliminated centuries ago.

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In the Arcturian system there are no extreme temperatures. Their civilization is one that has transcended duality and lives in oneness. Professions on Arcturus are determined by a person's vibrational frequency and the colors in his or her aura. For example, those who are in charge of taking care of the children must have violet as the predominant color in their auras, for only the wisest souls are allowed to associate with the young.

The same is true for those who are allowed to give birth. They are screened and tested in terms of their auric and vibrational frequencies, and when chosen by the elders to give birth to an Arcturian child, people go through an amazing process. The vibrations of both individuals involved are raised to a seventh-dimensional frequency for the birthing process to insure bringing in the most highly evolved souls. (The seventh-dimensional frequency is that of an ascended master.) Reproduction is an honor on Arcturus and one of the most highly regarded professions. The actual reproductive act is not performed in a physical sense as it is understood on Earth. On Arcturus it is done through a kind of mind link in which the male and female energies are perfectly balanced. Through this procreation process, some kind of electron force flows

through the two beings, and it creates another being that is a replica of the link.

The new life form is then taken to a special room that emanates the proper vibrational frequencies until the being is ready for integration into a family unit on Arcturus. Many beings from Arcturus are seeded onto other planets because the high council has ordered this as a great act.

On Arcturus there is not competition. Every thought, word, deed, and product is judged by its ability to raise the vibration closer to God. If it does not, it does not exist on Arcturus. A person's frequency of vibration is directly related to the mastery he has over his body, emotions, thoughts, actions, and creations. Arcturians have total mastery over these aspects of self. They have developed the ability to transcend the ego, the separative, lower, fear-based self. Success is judged only in terms of the measure of Light frequency. There are machines that constantly check the vibrational frequencies each individual on the planet is manifesting. If one particular Arcturian receives feedback that he is not meeting his own goals for evolution, then immediately the elders send teachers to help that individual.

### **The Arcturian Starships**

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The Arcturian starships are the finest in the entire universe. They are propelled by crystals that do not come from that planet but from a planet in the Milky Way that has not been discovered by Earthly scientists. These crystals have a way of conducting light energy from the Great Central Sun.

The Arcturians say that they no longer use computers because they long ago outgrew the need for them. They have other systems that are far more advanced. One section of the starship is a replication of Arcturus. It has the ability to take any crewmember back to Arcturus in his etheric body. This helps to strengthen and rejuvenate crewmembers who are away from home for long periods of time as they traverse the universes. Earth's frequency is very harsh for Arcturians because of their fifth-dimensional frequency.

Arcturians don't eat but are able to ingest energy. The Arcturians sleep for only a short time once a week, but for them it is a sacred time to soul travel and connect to higher realms of consciousness.

Another room in the Arcturian starship has a complete data bank containing every aspect of Earth life and of life on other planets as well. Arcturians are able to ingest information by means of their

telepathic abilities and through their nervous systems. This process is similar to ingesting food but it occurs on an energy level. They are able to assimilate information one hundred times faster than the average human being on Earth.

An Arcturian ship has a room that strengthens the vibration of all who enter so they will not be overwhelmed by even the strongest vibrations of Planet Earth. The Arcturians are able to travel through time. They also have shuttlecraft that are global in shape which are used for activating energy points and grids on Earth that have been lying dormant for many centuries. The Arcturians have been working with Earth since life first started on this planet. They have many bases on Earth, and they also have three bases on the Moon. Many of their bases on Earth are inside mountains. Arcturians can manifest physically, but they also exist in the etheric state, so physical matter is not an obstacle to them.

There is a vaporizing section in a starship that can instantly make any person or object disappear. They use it on a person only if he has died. The amazing thing about this machine is that whatever is vaporized can be resolidified at any time in the future just by checking the ship's records. The more I learn about Arcturus, the more Star Trek seems realistic.

Many souls are brought to the Arcturian starships during the dream state where they are worked on and helped, although the Arcturians never invade a person's free choice as the Grays are doing. The Arcturians are here to assist humans in entering the fourth and fifth dimensions of reality and in raising their vibrational frequencies. They stand as the guardians and protectors of higher consciousness in the universe.

They are based in every country on the planet and, and in fact, have bases all over the universe. They are here to educate humanity but have had a difficult time dealing with the government and the military, who are primarily interested in military technology, not spiritual enlightenment. The Arcturians could help in an even greater and more open capacity than they are now, but the people who govern the United States and the world are so materialistically and egoistically oriented that they resist the help of these incredibly advanced beings. Instead, the U.S. government made a deal with the Grays who are very selfish beings interested only in taking over the world for their own greedy purposes

## THE VARIOUS KINDS OF STAR VISITORS

by

Richard Boylan, Ph.D.

"Race" distinguishes various Star Visitors of decidedly different appearances. More research into exo-biology, (the science of Star Visitor life's physical structure and processes), will help us understand better how many races of intelligent species we are dealing. So would the declassifying of the Government's already considerable covert research on Star Visitor ("exo-")biology, (such as is going on at NASA's Ames Research Center, Sunnyvale, CA, and at Los Alamos National Laboratories, NM.

For convenience I shall use the term "race" to distinguish Star Visitors of significantly different anatomical features.

The most common Star Visitor race encountered has a number of variants. These variations in size and details of appearance may represent origins on different planets. This race is popularly, and rather imprecisely, called the "Grays". The "Grays" are stereotyped, by uninformed or careless writers, as: short, upright, two-legged beings, three-and-a-half feet tall, with grayish- white skin, large, hairless, fetal-shaped heads, with huge, all-black, sloping, almond-shaped eyes without pupils or eyelids, whose eyes wrap around partially towards the temple-area sides of the head, a narrow jaw tapering to almost a V, small nostril holes but no nose, a small, thin, lip-less, horizontal slit for a mouth, thin torsos with no ribs and no genitals evident, long, spindly, but surprisingly strong arms reaching to the knees, similarly long, very thin legs, and hands with three long, non-tapering, joint-less fingers, which end in claws instead of fingernails, but no thumb.

To be sure, there is such a race of beings; or at least a race, of which this is one variant. However, there are also: five-foot tall "Grays", seven-foot tall "Grays", "Grays" with mushroom-white skin, "Grays" with brown skin, "Grays" with black skin, "Grays" whose large eyes have a thin nictating membrane which can extend across the eye, "Grays" with midnight-blue eyes, "Grays" with wispy fine small amounts of hair on their heads, "Grays" with four fingers, and "Grays" with three or four fingers and another finger positioned where the human thumb would be, and "Grays" whose fingers end with suction-cup-like tips.

There have also been Star Visitors reported who have a large process of folds along the back of their heads, a series of deep creases or crevices along the top of the head, sloping down forward

towards the front, and with a strongly-pronounced brow- ridge above the eyes.

Are these twelve different races; or variants based on evolving in different climactic zones on one planet? Does this represent racial variation within inhabited planets in one star system? Or are these variations which occur within one cluster of star systems? Or does the "Gray" genotype tend to appear in many different star systems, on some planets, along with other races, on other planets, within those same star systems? The truth is, we do not know. Or at least that information has not been released to the public. Thus, we are still at the stage of gathering information on the various different types of intelligent lifeforms visiting our planet.

Another source of variation even within what is apparently one race is clothing. Many experiencers report that their "Gray" visitors wore no clothes. Others have seen "Grays" wearing long robes and hoods over their heads. Others have seen crews where both versions of attire, as well as close-fitting jumpsuits, were in evidence. Yet Grays are not the only ones wearing robes.

Another race of Star Visitors is the 4-to-5 1/2-foot tall Being, with a somewhat large head (by comparison with the human head) but not as proportionally large as the "Grays", and who has somewhat large (but smaller than the "Grays") dark oval eyes, spindly frame and limbs, and a hand with three long, cartilaginous, bone-less fingers, which end with neither claw nor suction-cup, but rather "ordinary" fingertip shape, except that their fingers do not taper.

A more distinctive kind of Star Visitor is the "Praying Mantis type" race. These Beings have long, narrow faces, with long, narrow, large eyes, sharply slanted upward and outward in an almost narrow-V position, given an almost insect-like appearance. This comparison is heightened by the Praying-Mantis types' extremely thin, long torsos, long, extremely-thin arms which are usually crooked into a sharp bend at the mid-joint, with the hand and fingers/mitten sloping almost vertically downward from the "wrist", and legs also bent at an almost right-angle at the mid-joint, creating a crouched pose. The overall effect is the characteristic "Praying Mantis" look. It should be noted that experiencers feel that this type is no insect, but rather an intelligent, gentle-spirited, but somewhat "hyper" and jerky-moving, human-like lifeform. There are both males and females.

Another race is the so-called "Reptilians", or "Reptoids", although I note again that there is no implication in these descriptors of anything other than of intelligent, communicative persons. What distinguishes these "Reptilian" Star Visitors is their skin, which has

small, fine scales, rather than smooth, their face, which has larger-than-human yellowish-green eyes with a "starburst"-shaped pupil, the eyes often oval, and an almost snout-like blunt process in the area of the nose and mouth, giving this type an almost dragon-like humanoid appearance.

Another group of Star Visitors for convenience, I call the "Jawas", after their resemblance to the creatures in the film, Star Wars. This group is distinguished by their clothing. They wear hoods and robes, are generally short (three to four-and-a-half feet tall), and their faces are concealed by the shadows thrown by their hoods.

Sometimes there is a much taller hooded and robed one on board the UFO, who often stands to the Experienter's left as s/he lies on the Visitor medical examining table. This Tall One appears to direct the procedures, and often is the one who telepathically communicates with the Experienter. A few Experiencers have noted glowing eyes under the "Jawas" hoods. Other Experiencers have reported that when they got a glimpse of the Being whose face was shadowed by the hood, it was a type of "Gray". Still others saw neither glowing eyes nor "Grays" under the hoods, but rather never could distinguish the features in the shadows of the hoods.

There are often mixed-race crews on the UFO's. In such cases there could be "Jawas" or "Praying Mantis" types or "Reptoids" or "Grays", joining in a coordinated effort in carrying out scientific or medical tasks.

A few Experiencers have noted robot-like figures, whose movements and "vibes" (or rather lack thereof) strongly suggest that these are robots sent remotely by the Star Visitors to observe, reconnoiter, and possibly retrieve objects. However, I have not encountered any reports of robots actually interfacing with humans to accomplish communication, or to remove the human to their craft for scientific examination. The robot-like figures appear to be relegated to the more impersonal tasks of information-gathering and stealthy surveillance, without the risk to the Star Visitors that they would otherwise run of possibly encountering hostile human responses.

My research has also come up with a goodly number of reports of "Humanoids", "Blondes", or "Nordics", Star Visitors almost indistinguishable from humans. Indeed, Native American and other indigenous people's traditions point to their origin from the worlds of these human-looking Visitors in the Pleiades, Sirius, Orion and other star systems. If you were to place a pair of sunglasses on one of these "Nordic" Visitors, they would be indistinguishable from a Scandinavian-American citizen.

I have also encountered reports where the Experienter believed that the Star Visitor s/he was dealing with appeared to be a human. However, in some cases, this turned out to be an Star Visitor-imposed mental visualization in the mind of the experienter, the so-called "screen memory". Upon closer looking, the experienter was able to see the actual nonhuman face of the Star Visitor behind the mentally-imposed "human" mask.

My favorite variation of this mental cloaking experience occurred to one experienter who believed she was encountering a human "spaceman". I invited the Experienter to look closely and carefully at the face of the "human spaceman". When she did so, she suddenly was startled. "Oh, my", she said, "It's not a human after all. It's one of those Grays." Other details made me suspect we were still not done. I suggested she study closely the face of her "Gray" visitor. Startled, she could see that it was a "Reptoid" who had previously cloaked himself mentally as a "Gray".

Another Star Visitor racial type described are the short, chubby "Dwarf" Star Visitors, with round pudgy faces. They seem to be relegated to doing the menial chores during a contact.

Yet another race is what could be dubbed the Bird People. This groups most pronounced feature is a broad, downward-sloping proboscis, somewhat like an oversize broad bird beak or flexible dolphin beak, with the mouth underneath the beak. These Visitors have graceful ovoid heads, and long thin necks. They have thin, horizontal, slit-like eyes with dark pupils. They are telepathic, kind-hearted, and powerful healers and teachers.

Then there are the light beings, the energy beings, and the pure, disembodied consciousnesses. The light and energy beings do not have a solid, three-dimensional body, but rather their presence is marked by the presence of an ill-defined mass of light or other energy. In the case of the pure consciousnesses, the only signal of their presence is the onset of telepathic contact, and, occasionally, their influence on something in the local environment.

Undoubtedly, many more races could be described. We as humans are challenged by intelligent life that looks so different from us, a challenge which can be disturbing. But it can also remind us that the Source of All is myriad in its expression of lifeforms, including intelligent lifeforms, across the vast Universe. Only the most anthropocentric would be offended by the Supreme Source's creation of intelligence in other anatomical packages. And, indeed, Star Visitor messages tell us that we are that special variant mix of intelligent life: part-Earth primate, part-Star Visitor intelligent lifeform.



Thus, when any of us has an encounter with a Star Visitor, we truly are meeting our "distant cousins".